

Sagicor Online Provider Listing

SWIPE & SAVE

As a Sagicor health insurance client,
swipe and save with your
CariCARE™ card.



Fast easy claim
settlements done **HERE**





Dear Valued Client,

Sagicor Life Trinidad And Tobago Limited has taken another step towards providing you with a superior service experience through our online claims settlement facility. This simple-to-use facility allows you to use your CariCARE card at any of the service providers listed below to transact business with immediate claims settlement. You can also view the list of Providers on our website: <https://my.sagicor.com/groupweb/>

Here are the simple steps involved when you visit any of these vendors to carry out your transaction:

- ✓ You will enter a provider's office and recognize signage indicating online claims settlement is available at the provider's office.
- ✓ Submit picture ID together with your **CariCARE** card, which already contains your name and plan information. Each person covered under the medical plan will have to provide their own card including dependents in order to access the facility.
- ✓ The provider will swipe the card, input the services rendered and submit the claim.
- ✓ The computer system will display to the provider, the total expense, less the deductible (where applicable), less the payment by Sagicor and the client's portion of the expense.
- ✓ You will pay your portion only.
- ✓ Two copies of the transaction will then be generated: a provider copy which the client must sign and a customer copy for your record of the submitted claim.
- ✓ The provider will subsequently receive payment directly from Sagicor.
- ✓ In the unlikely event of a transactional issue, you may be asked to pay for the service in the traditional manner.



PLEASE NOTE:

There is **NO** use of the On-line claims system from **8pm** nightly.

If you have a C.O.B. (coordination of benefits) arrangement available to you under another health plan (Sagicor or otherwise), you should NOT use this facility. Please pay for the service in the traditional manner and submit the claim to the primary insurer. (First payer) below is a brief example.

If Patient/ Customer is:

- ✓ **Primary insured (husband or wife), they pay and send paper claim to his/her own insurer.**
- ✓ **If dependent spouse, they pay and send the claim form also to his/ her own insurer.**
- ✓ **If child, they pay and send the claim form to the father's insurer.**

Guidelines continue below

It is very important to ensure that you know the benefits of your health plan, once the Provider submits the claim you would *NOT* be able to change your mind or have them cancel the claim as they are unable to do so.

If an employee does not adhere to the above or is found using the CariCare card fraudulently; that employee would be immediately terminated from the Medical plan.

If a provider does not adhere to the above or is found using the CariCare card system irresponsibly and or fraudulently; that provider would be immediately terminated from the system.

See below the list of Providers where you can use your *Sagicor CariCare* card:

Life
Health
Critical Illness
Annuity
General
Mortgages



Optical Providers

Absolute Vision Ltd	#81 Eastern Main Road, St. Augustine	663-4776
Absolute Vision Ltd	172 Southern Main Road Couva	636-0798
Absolute Vision Ltd	16 Eastern Main Road Tunapuna	662-0892
Adam's Optical Limited	Shop #1 Ground Floor, RRM Plaza, High Street, San Fernando	270-2993
Adam's Optical Limited	#91 Main Road, Montrose, Chaguanas	240-8248
Adam's Optical Limited	48 Naparima Mayaro, Rio Claro	313-2326
Allison's Eye Centre	99 Edward St, POS	627-2554
Allison's Eye Centre	37 Pro Queen Street St, ARIMA	664-0075
Bright Optical Ltd	Nyron's Mall A 861 High Street Rio Claro	288-7838
Bright Optical Ltd	Edwards & George Street Siparia	221-9658
Caribbean Vitreous & Retina Surgery Limited	Pasea Centre, Building B, Corner, Churchill Roosevelt Highway and Pasea Main Road, Tunapuna	235-4834
Caribbean Vitreous & Retina Surgery Limited	Maska Limited Compound, South Trunk Road, Gulf View, La Romain	235-4834
Carter's Optical Ltd	Ellerslie Plaza, Maraval	622-7975
Choice Optical	Queen St, Arima	285-9777
Choice Optical	5 th St & El Socorro Rd, San Juan	285-9777
Choice Optical	Frederick St., POS	285-9777
Choice Optical	Mon Chagrin St, San Fernando	285-9777
Choice Optical	Main Road, Couva	285-9777
Choice Optical	Busy Corner, Chaguanas	285-9777
Choice Optical	Corner CRH & BWIA Blvd, Shop 17 Piarco Plaza	285-9777
Dalton-Brown Optometrists	Corner Queen & Sorzano Streets, Arima	667-3115/ 299-3115
Doctor's Optical	Level 3, Long Circular Mall	628-1874
Domiciliary Eyecare Limited	12 EMR, Paradise Plaza, Tacarigua	240-3130
Elle Eye Care & Medical Service	#9 Watts Street, St. Augustine	320-3553
Everybody's Optical	The Parkade, Store #20 Cor. Queen & Edward St	625-9814
Excellent Vision Optometrist	34-35 TLH Building Milford Road Scarborough Tobago	639-3030
Excellent Vision Optometrist	87 Charlotte Street POS	610-3030
Excellent Vision Optometrist	Ramsingh's Plaza Chaguanas	672-5555
Eye Assist Optical	#2 City Center Mall, Lot#4 SS Erin Road, Penal	706-6778
Eye Assist Optical	#11 London Street, Victoria Village, San Fernando	488-4071/294-5195



Ferreira Optical	94A Frederick St, POS	225-1148
Ferreira Optical	Long Circular Mall	225-1152
Ferreira Optical	Trincity Mall	225-1151
Ferreira Optical	Corner Bamboo Bay & South Trunk Road, La Romain	225-1150
Ferreira Optical	Price Plaza	225-1149
Ferreira Optical	LOT A & B, Extra Plaza, Sangre Grande	225-1153
Ferreira Optical	51-59 Tumpuna Rd, Arima	225-1147
Ferreira Optical	45 Eastern Main Road Barataria	225-4365
Focus vision Limited	194 Southern main Road, Couva	679-7323
Focus vision Limited	271 Main Road Pt. Fortin	648-3520
Focus vision Limited	24 A Coffee Street San Fernando	653-6287
Foresight Optical Ltd	2-4 Henry Pierre Terrace, St. Augustine	322-4087
Forsight Vision	Frederick Street, POS	623-1874
Foresight Optical	2-4 Henry Pierre Street, St. Augustine	322-4087
Global Eyes Optical	Harrack Bldg 1-2-3 St. Mary's Junction, Freeport	680-9556/780-8287
Hope Optometrists Ltd	1124 SS Erin Road Debe	220-4673
Ideal Vision Optical Ltd.	50-52 High Street, San Fernando	653-3937
Imart Optical Limited	26 Adventure Road, Point Fortin	610-7206
JC Vision	Carlton Ave & Luckput St. St. James	628-1386
JCA Optical	Starlite, Four Rds, D/Martin	632-3937
Levan Eyecare	127 Monroe Road Cunupia	240-7789/ 365-8885
Look Opticians	Ariapita Avenue, POS	866-Look (5665) Whatsapp 299-3368
Look Opticians	39 Frederick St, POS	866-Look (5665) Whatsapp 299-3368
Look Opticians	141 EMR St Augustine	866-Look (5665) Whatsapp 299-3368
Look Opticians	Unit 103 Carlton Centre, San Fernando	866-Look (5665) Whatsapp 299-3368
Modern Optometry	First Floor, Cor East MnRd, Curepe	662-2848
My Care Optical	Brentwood Professional Centre, Chagaunas	365-3622
My Care Optical	#49 Sutton Street, San Fernando	365-3622
My Care Optical	M106, East Gates Mall, Corner of Trincity Central Road, Trincity	365-3622
My Care Optical	Ground Floor Campus House, St. Augustine	365-3622
NEO Eyewear Limited	91D Montrose Main Rd, Chaguanas	672-5052
NEO Eyewear Limited	Unit 6, M6 Plaza, Lot C, Narsaloo Ramaya Marg Road, Endeavour, Chaguanas	672-5052
North Shore Optical	Alegonda Pk, St. Ann's RD, St. Ann's	621-2331
OptimEyes Vision Care Ltd	Center Point Mall, Chaguanas	291-7123

Life
Health
Critical Illness
Annuity
General
Mortgages





Optometrists Today	76 Frederick St, POS	623-2329
Optometrists Today	Westmall	633-2329
Optometrists Today	Gulf City	657-2329
Optometrists Today	Centre City, Chaguanas	672-2329
Optometrists Today	Trincity Mall	640-2329
Optometrists Today	Grand Bazaar	645-4329
Optometrists Today	Queen St, Arima	374-9374
Optometrists Today	Price Plaza North, Chaguanas	671-2329
Optometrists Today	51-52 La bell Air Road, South Trunk La Romain	697-2329
Optometrists Today	Extra Plaza Unit #3, Aranguez	638-2537
One Optics	14E Saddle Rd Maraval	622-1678
Parillon Optical	134A Frederick St, POS	623-4137
Rashmi Mathur Opt	Atlantic Plaza, Pt. Lisas	679-7877
See Vu Optical Ltd	271 Papourie Rd, D/mond Vlg San Fern	657-2618
See Vu Optical Ltd	Busy Corner Chaguanas	222-1811
See Vu Optical Ltd	High Street, Princes Town	222-0110
See Vu Optical Ltd	866 High Street, Rio Clao	222-2235
See vu Optical Ltd	Southern Main Road Couva	217-0258
Sight Solutions Optical Centre Ltd	194 Caroni Savannah Road Chaguanas	665-6822
Social Eyes Optical	Shoppes of Maraval	622-5747
Social Eyes Optical	#200 South Brentwood Ave, Brentwood Chaguanas	240-2898
Social Eyes Optical	Frederick Street, Port of Spain	622-5747
Special Eyes Optician Limited	298 Southern Main Road, Cunupia	223-4393
Special Eyes Optician Limited	AVM Plaza 51 Main Road, Montrose, Chaguanas	770-9959
Specialist Optics	Gopaul Lands Shopping Complex, Marabella	658-1069/ 610-7767
Truview Optical	Nicholas Towers, Independence Square	623-9334
Truview Optical	Western Main Road St, James	623-9334
Xfinity Optical	32 Cipero Street San Fernando	610-9346
Ultimate Eyewear	60-62 Frederick Street	620-3937
Ultimate Eyewear	#5 Cacique Street, Princes Town	620-3937
Ultimate Eyewear	Montano Plaza, 32-34 Lower High Street, San Fernando	620-3937
Ultimate Eyewear	Charran's Plaza, 31 Main Road Chaguanas	684-3937
Ultimate Eyewear	50 Broadway Arima	741-3937
Ultimate Eyewear	11-13 Capital Plaza, Frederick Street	620-3937
Value Optical	Price Smart Plaza, South Trunk Rd La Romain	225-4865

Life
Health
Critical Illness
Annuity
General
Mortgages



Wise Financial Thinking for Life



Value Optical	Mid Centre Mall, Chag	225-4865
Value Optical	41 Frederick St, POS	225-4865
Value Optical	49 High St, San Fernando	225-4865
Value Optical	Guapo, Cap-de-ville Rd, Pt. Fortin	225-4865
Value Optical	Rampersad Plz, Penal Junc, Penal	225-4865
Value Optical	High St, Princes Town	225-4865
Value Optical	129 Eastern Main Rd, Tunapuna	225-4865
Value Optical	163 Southern Mn Rd, Marabella	225-4865
Value Optical	21 Brierley Street Sangre Grande	225-4865
Value Optical	15 Eastern Main Rd, San Juan	225-4865
Value Optical	Shops at West Mall City, Milford Road, Canaan, Tobago	225-4865
Value Optical	38 Rodney Road, Lange Park, Chaguanas	225-4865
Value Optical	7-11 Diego Martin Main Road, Diego Martin	225-4865
Vision Optical	Trincity Mall	640-1217
Visual Eyes	Southern Main Rd, Curepe	662-3937
Visual Eyes	19 Eastern Main Road, Arouca	692-2015
Visual Eyes	Caroni Savannah Road, Chaguanas	671-0004
Williams Optical	10 New Street San Fernando Marwill Building	652-2988
20/20 Optical	45 Ana Street Woodbrook	218-2020
800 Eyes Ltd.	1 Tissue Drive, Trincity	393-3937
800 Eyes Ltd.	16 Coblenz Avenue, Cascade	314-3937
800 Eyes Ltd.	1 Brabant Street, Woodbrook	396-3937

Life
Health
Critical Illness
Annuity
General
Mortgages



Wise Financial Thinking for Life

Telemedicine Providers (Virtual Consultations)

Acropolis Medical Center	99B Circular Road San Fernando	657-3356/info@acropolismedical.com
Dr. Shiva Jaggernauth	Apley Medical #7 Archbald Street, San Fernando	657-0205/ shivajaggernauth@hotmail.com
Dianne Douglas- Psychologist	Douglas & Associates, #2 Marcano Street, St. Augustine	662-0155/ ddouglas@douglasassociates.org
Dr. Alexandra Ames- General Practitioner	Ames Medical Services, Fitt Street Woodbrook	221-3983/alexandraamestt@gmail.com
Dr. Dion Carter- General Practitioner	1 Pointe A Pierre Road San Fernando	653-0291/dr.carter@yahoo.com
Dr. Gerard Antoine-Physiatrist	Stroke & Diabetes Center, Piarco Plaza	235-5056/gantoine@strokediabesitycenter.com
Dr. Nitya Raamkaransingh- General Practitioner	136 Coral Drive, Gulf View La Romain	225-0850/thepractice136@gmail.com
Dr. Rodney Harricharan- General Practitioner	El Dorado Medical 220 Eastern Main Road	662-3317/ rodneyharricharan@hotmail.com
Enhance Rehab Services- Physiotherapy	22 Park View, Orange Grove Road	493-4440/wnelli@enhancerehabtt.com
Fracture & Orthopaedic Center	29A St. Clair Avenue	612-3642/contact@faoonline.com
Dr. Tricia Lee Assing Dyaanand- General Practitioner	K Med Clinic, 20A Dumfries Road La Romain	685-8202/trevanta@yahoo.com
Dr. Roger Lue Chin- General Practitioner	169 Montrose Main Road, Chaguanas	394-6000/rhuechin@gmail.com
Dr. Christelle Gellineau- Brown- Obs/ Gyn	65 Eastern Main Road, Tacarigua	640-6628/pushhealthservices@gmail.com
Dr. Renata Pooran- General Practitioner	Renand Ltd, 23 Luknow Street St. James	628-7500/renatapooran@googlemail.com
Dr. Judith Henry- General Practitioner	31 Gordon Street, Port of Spain	625-3445/judithhenryporther@gmail.com
HealthNet Caribbean Limited	Munroe Road Cunupia	285-4637/ support@hncl.co.tt
Millennium Docs	Unit 1 Signal Hill Micro- Enterprise Mall, Tobago	363-DOCS/ millenniumdocsnetwork@gmail.com
Rehabworks- Physical Therapy	11 Long Circular Road St. James	622-3077/rehabworks18@outlook.com
Sports Clinic- Physical Therapy	Center of Excellence Macoya	622-2537/raveed01@hotmail.com
Total Rehabilitation Center Ltd- Physiotherapy	Boundary Road San Juan	675-4973/contact@totalrehabtt.com
Dr. Asante Van West Charles Le Blanc- General Practitioner	Victoria Clinic, 54 Gallus Street, Woodbrook	622-2221/asanteleblanc@icloud.com
Virtual Wellness	22 Albert Avenue, San Fernando	475-8123/ virtualwellnesstt@gmail.com
Sachelle Le Gall Singh-	Laurent House, Bergerac Road, Maraval	327-5852/ personalempowermentslg@gmail.com



Psychologist

Dr. Caroline Grant – Family
Medicine

Dr. Kern Romain – General
Practitioner

Sasha Baldeosingh MSc- Mental
Health Clinical Therapist

#16 Coblenz Avenue, Cascade

Roaming Medical Services- 9 Brian Lara Dr,
Savannah Heights, Charleville, Chaguanas

Lifelong Living Counselling Services Ltd

627-0467/familymedicaltt@gmail.com

328-4362/ 373-9416/
info@roamingmedicalservices.com

264-5422/ sasha@lifelonglivingsb.com

General Practitioners

Dr. Analisa Cumberbatch	9-11 Fitt Street, Woodbrook	719-1944
Dr. Analisa Yearwood	Monte Vista Medical, Good Health Medical Center 7-9 Fitz Street Woodbrook	610-6947
Dr. Anasha Tewari- Bridgelal	El Socorro Road, San Juan	675-3811
Dr. Brad Sahadeo	Essential Medical Clinic Limited, 9-11 Frederick Street, Marabella	758-4986
Dr. Chandardath Bodoie	Avocat Health Facility, 238 Pepper Village Fyzabad	677-7829
Dr. Maria Clapperton	Monte Vista Medical, Good Health Medical Center 7-9 Fitz Street Woodbrook	610-6947
Dr. Stephanie Charles	Monte Vista Medical, Good Health Medical Center 7-9 Fitz Street Woodbrook	610-6947
Dr. Kerensa Rocke	9-11 Fitt Street, Woodbrook	719-1944
Dr. Alexandra Ames	Ames Medical, Fitt Street Woodbrook	221-3983
Dr. Adrian Sirju	9-13 Archbald Street, Vistabella	314--7374
Dr. Renata Ramsawak-Lalla	14 Guppy Street San Fernando	313-5952
Dr. Ronald Gobin	416 Southern Main Road, La Romain	652-9193/ 288-5195
Dr. Rohit Dass	Freeport Medical, 105 Mission Road Freeport	673-1069
Dr. Joel Ramkissoon	Freedom Medical, 313-317 Balmain Village, Couva	387-8777/ 241-4327
Dr. Sarah Ramsaran- Ramkissoon	Freedom Medical, 313-317 Balmain Village, Couva	387-8777/ 241-+4327
Dr. Hasim Baksh	Premiere Specialty Clinic, Southern Man Road California	348-4698
Dr. Hasim Baksh	360 Family Medical Naparima Mayaro Road, Cocoyea Village San Fernando	715-4060
Dr. Ria Bala	Premiere Specialty Clinic, Southern Main Road California	348-4698
Dr. Adam Ramsaroop	Premiere Specialty Clinic, Southern Main Road California	348-4698
Dr. Nitya Raamkaransingh	The Practice, 136 Coral Drive Gulf View La Romain	225-0850
Dr. Ahmad Rahman	Fracture & Orthoapeadic Center, 29A St. Clair Avenue, St. Clair	612-3642/ 622-2122
Dr. Nikki Henry	Doctor's Inn, 92 Oxford Street POS	625-4282
Dr. Shaik Bakshu	Hayat Medical, 76 Eastern Main Road San Juan	674-2928



Dr. Tricia-Lee Assing Dyaanand	K Med Clinic, 20A Dumfries Road, La Romain	685-8202/ 321-8202
Dr. Balaji Manduru	La Romaine Family Medical, Lot 1 Apt 2 Bay Road, Bamboo Jnc, La Romain	697-7280/229-7634
Dr. Ryan Shastri Rabilall	Omni Total Health, 204 Diego Martin Main Road, Diego Martin	233-6526
Dr. Cyril Inalsingh	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Darren Dookeeram	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Sharaz Mohammed	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Patrick Seepaul	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Haimant Seegolam	Med Dent Services Ltd, LP 53 Railway Road Cunupia	228-3911
Dr. Roger Lue Chin	Mobile Mate Clinic, 169 Montrose Main Rd, Chagauans	394-6000/225-4665
Dr. Marvindra Maharaj	1071 SS Erin Road Penal	647-1646
Dr. Matthew Ramnarine	151 Guapo Road Fyzabad	485-6887
Dr. Randall Rampersad	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Jason Rampersad	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Rajiv Seereeram	#20 Mc Bean Road Couva	323-7590
Dr. Asante V West Le- Blanc	Victoria Clinic, 54 Gallus Street Woodbrook	622-2221
Dr. Rainier Rahman	#8 Sultan Lane, El Socorro Rd. San Juan	609-9069
Dr. Sasha Siberan	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Sasha Siberan	Claxton Bay Medical Centre	712-6218
Dr. Varun Bridgelal	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Gemma Martyn	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Darien Wong	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Dion Carter	1 Pointe- A- Pierre Road San Fernando	653-0291
Dr. Nuneaton Senha Ramesar	18 King Street Arima	664-3905
Dr. Oliver Young Pong	Western Medical Centre, 15 Cawnpore Street St. James	221-9095
Dr. Renata Pooran	24 Lucknow Street, St. James	628-7500
Dr. Saphraj Abraham	121 Southern Main Road Curepe	662-0168
Dr. Rodney Harricharan	El Dorado Medical Centre, 220 Eastern Main Road	662-3317
Dr. Kris Sookdeo	SBT Medical Limited, #2 Eastern Main Road, San Juan	725-4728/ 237-8498
Dr. Nagaraju Battala	Twin Medical Centre, 210 EMR, El Dorado, Tunapuna	468-0235
Dr. Nagaraju Battala	Twin Medical Centre, #38 Diego Martin Main	468-0235

Life
Health
Critical Illness
Annuity
General
Mortgages



	Road, Diego Martin	
Dr. Reddi Kondapally	Total Life Care, 270 Eastern Main Road, El Dorado	225-2633/ 350-5206
Dr. Meera Sheik	Total Life Care, 270 Eastern Main Road, El Dorado	225-2633/ 350-5206
Dr. Reddi Kondapally	Palm Plaza, Corner Akal Trace & Saddle Road, Santa Cruz	359-2709
Dr. Meera Sheik	Palm Plaza, Corner Akal Trace & Saddle Road, Santa Cruz	359-2709
Dr. Stephen Benedict	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Kristal Dillon	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Cassie Mike	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Kerry Benjamin	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Paul Medford	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Kerensa Rocke	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Sandi Arthur	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. David Jackson	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Dian Harrison	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Nandi Harrysingh	1 Adam Smith Square Woodbrook	625-3991
Dr. Rhondla Sricharran Reddy	Srileela Medical, Jerningham Junction, Charlieville Chaguanas	486-2000/744-4362
Dr. Sudesh Balliram	#8 SS Erin Road, Debe	769-4086
Dr. Larry Griffith	CLASS Ltd, 65 Fifth Street Barataria	363-1125
Dr. Erron Ramdass	Triada Medical Centre, 1070 SS Erin Road, Debe	357-3541
Dr. Surendra Dhanraj	Premier Medical Centre – 10 Richardson Street, Mahaica, Point Fortin	685-5189
Dr. Ryan Ramsumair	Central Medical Clinic – Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Kavita Jadoo	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Kristal Dillon	Family Tree Medical, 21 Dumfries Road, La Romain	303-8342
Dr. Wayne Ramgoolam	Occumed Ltd, 725 Mc Connie Street, Gulf View, La Romain	306-0553
Dr. Tyron Ford	TF Medical Services, #71 Guaracara Tabaquite Road, Eckels Village, Williamsville	771-6995
Dr. Satira Alexander	Allied Family Care Limited, Corner Park & Ciperio Streets, San Fernando	232-2145
Dr. Jeethendra Reddeppagari	Apex Medicare Limited – Lp #282 Caroni South Bank Road, Kelly Village, Caroni	669-1854
Dr. Osafo Fraser	Frasermed Services - #8 Austin Street, St. Augustine	305-4585
Dr. Shallini Gopeesingh	Southern Orthopaedic & Family Practice	222-5313

Specialists

Dr. Hanna Roopchand- Ophthalmologist	2-4 Henry Pierre Street, St. Augustine	322-4087
Dr. Ronald Henry- Cardiology	Doctor's Inn, 62 Oxford Street, Port of Spain	625-4282
Dr. Lavanya Thondavada- Dermatology	Doctor's Inn, 62 Oxford Street, Port of Spain	625-4282
Dr. Keith Clifford- Obs & Gyn	Doctor's Inn, 62 Oxford Street, Port of Pain	625-4282
Dr. Darlene Harris- Paediatrics	Doctor's Inn, 62 Oxford Street, Port of Spain	625-4282
Dr. Clyde Tilluckdharry- Otolaryngology	Doctor's Inn, 62 Oxford Street, Port of Spain	625-4282
Dr. Lyndon Knights- Physiotherapy	Doctor's Inn, 62 Oxford Street, Port of Spain	625-4282
Trinidad Eye Hospital	Pasea Centre, Building B, Corner, Churchill Roosevelt Highway and Pasea Main Road, Tunapuna	235-4834
Trinidad Eye Hospital	Maska Limited Compound, South Trunk Road, Gulf View, La Romain	235-4834
Dr. Randall Gooding-Gynecologist	First Call Medical, 56 Ramsaran Street Chaguanas	325-8036
Dr. Natalie Chaitan- Gynecologist	First Call Medical, St. Augustine Private Hospital	240-9443
Dr. Amrika Boodoo- Internal Medicine	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Tricia Jallal- Pediatrician	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Stephen Ramnarine- Obs & Gyn	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Steven Goocharan- Nephrology	Tri Care Medical Heartland Plaza Chaguanas	229-2273
Dr. Nadia Hosein- Gynecologist	Premiere Specialty Clinic, Southern Main Road California	348-4698
Dr. Kurt Furlong- Cardiology	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Rakesh Rambally- General Surgeon	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. David king- Internal Medicine	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Anil Ramlackhansingh- Neurology	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Sherry Sandy- Neurology	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Meera Bissoon- Obs & Gyn	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624

Dr. Rakesh Goalan- Orthopaedics	Med Dent Services Ltd, LP 53 Railway Road Cunupia	228-3911
Dr. Amina Khan- Obs & Gyn	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Rakesh Goalan- Orthopaedics	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Vijai Mahabir- Orthopaedics	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Rabia Hydal Mohammed- Paediatrics	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Vimal Seetahal- Urology	Medi Plus Clinic & Imaging, Main Road Balmain Village Couva	235-4264/236-4624
Dr. Melinda Nancoo- Endocrinology	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Stacey Khan- Pediatrician	Premiere Specialty Clinic, Southern Main Road California	348-4698
Dr. Ria Birbal-Singh- Pediatrician	Premiere Specialty Clinic, Southern Main Road California	348-4698
Dr. Emerson Budhoo- Orthopaedics	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Varune Rampersad- Psychiatrist	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Sharda Sharma- Nephrology	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Kurt Furlonge- Cardiologist	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Anil Kumar- Orthopaedics	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Adrian Ramkissoon- Urology	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Robbie Rampersad- Radiology	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Krystal Barath- Ophthalmology	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Narine Mack- Endocrinology	Premiere Specialty Clinic, Southern Main Road, California	348-4698
Dr. Ricky Maharaj- Cardiologist	Golden Care, Shoppes of Arima, Tumpuna Road Arima	610-4653
Dr. Sabrina Ramkissoon-Obs & Gyn	SKR Womans Wellness Centre#2 Aranguez Main Road	796-8106
Dr. Emerson Budhoo- Orthopaedics	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Israel Dowlat- Orthopaedics	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Kurt Furlonge- Cardiologist	Rampersad Medical Center, 50 Mission Road Freeport	673-2222

Dr. Varune Rampersad	Rampersad Medical Center, 50 Mission Road Freeport	673-2222
Dr. Christelle Gellineau Brown- Obs & Gyn	Push Health Services, 65 Eastern Main Road, Tacarigua	640-6628/353-3355
Dr. Saphraj Abraham- Urology	121 Southern Main Road Curepe	662-0168
Dr. Gerard Antoine- Physiatrist	The Stroke & Diabetes Center, Unit 10 Piarco Plaza, BWIA Blvd	235-5066
Dr. Shevon Joseph- Obs & Gyn	Azalea Health, 68 Rosalino Street, Woodbrook	236-2160
Dr. Derrick Lousaing- Orthopaedics	Fracture & Orthoaepedic Center, 29A St. Clair Avenue, St. Clair	612-3642/ 622-2122
Dr. Patrick Knight- Neurology	Fracture & Orthoaepedic Center, 29A St. Clair Avenue, St. Clair	612-3642/ 622-2122
Dr. Godfrey Araujo- Orthopaedics	Fracture & Orthoaepedic Center, 29A St. Clair Avenue, St. Clair	612-3642/ 622-2122
Dr. Sabrina Ramkissoon- Obs & Gyn	13 Carlos Street Woodbrook	221-5150
Dr. Roshni Bissoondatt- Obs & Gyn	Southern Medical Clinic, 26-34 DR. Rupert Indar Snr Street, San Fernando	290-1249/ 394-7528/ 652-4535
Dr. Adrian Sirju- Internal Medicine	9-13 Archbald Street, Vistabella San Fernanod	352-0481/314-7374
Dr. Sabrina Ramkissoon- Obs & Gyn	Acropolis Medical, 99B Circular Road, San Fernando	796-8106
Dr. Randolph Rawlins- Cardiology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Shiva Tewarie- Dermatology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Sharda Sharma- Nephrology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Phillip St. Louis- Neurology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. kirk Gooden- Urology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Kimani White- Orthopaedics	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr, Dylan Thomas- Orthopaedics	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Yinga Roberts- Pediatrician	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Enal Maharaj- Psychology	Acropolis Medical, 99B Circular Road San Fernando	657-3356
Dr. Christelle Gellineau Brown- Obs & Gyn	Signal hill Tobago	640-6628/353-3355
Dr. Risshi Rampersad - Cardiologist	Heart Smart Limited – Sulaimann Avenue, Chase Village, Chaguanas	730-5107
Dr. Risshi Rampersad – Cardiologist	Heart Smart Limited – KPR Medical Centre, Ojoe Road, Sangre Grande	730-5107
Dr. Rishhi Rampersad – Cardiologist	Caribbean Heart Care Satellite Clinic Ltd – Corner Park & Ciperro Street	475-7174
Dr. Anil Ali – Orthopaedics & Trauma	34 St. Vincent Street, San Fernando	746-0212
Prof. Terrence Seemungal - Pulmonologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262

Dr. Arnaz Maccum – Nephrologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Rameshdath Roop – Paediatrician/ Paeds Cardiology	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Ria Birbal – Paediatrician	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Kurt Furlonge – Cardiologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Nema! Gokool – Psychiatrist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Nicholas Figaro – ENT (Ear, Nose, Throat)	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Emerson Budhoo – Orthopaedic Surgeon (Foot & Ankle Specialist)	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Dylan Thomas – Orthopaedic Surgeon – (Spine Specialist)	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Aneesa Ragbir – Endocrinologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Vinod Badoo – Urologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Phillip Ayoung- Chee- Urologist	Truegenic Medical, 179 Mission Road, Freeport	239-8245
Dr. Michael Samuel-Ramjitsingh – Ophthalmologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Sangeeta Parbhu – General Surgeon	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Tricia Sankar – Obstetrician & Gynaecologist	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Dr. Rakesh Rambally – General & Vascular Surgery	Central Medical Clinic, Lot #3 Caroni Savannah Road, Chaguanas	468-1262
Dr. Devendra Singh- Gynaecologist	Serviam Ltd, 5 Archibald Street, Vistabella, San Fernando	725-8979/739-4646
Dr. Tricia Jailal - Paediatrician	ABC Paediatrics Limited, 139 Eastern Main Road, St. Augustine	324-4222
Dr. Leonardo Akan - Paediatrician	ABC Paediatrics Limited, 139 Eastern Main Road, St. Augustine	324-4222
Dr. Adrian Alexander	Allied Family Care Limited, Corner Park & Ciperu Streets, San Fernando	232-2145
Dr. Satira Alexander	Allied Family Care Limited, Corner Park & Ciperu Streets, San Fernando	232-2145



Dr. Bianca Lutchman – Physiotherapist	Allied Family Care Limited, Corner Park & Cipro Streets, San Fernando	232-2145
Dr. Joseph Zackerali - Gastroenterologist	Allied Family Care Limited, Corner Park & Cipro Streets, San Fernando	232-2145
Dr. Kavita Ramlochan - Pathologist	Allied Family Care Limited, Corner Park & Cipro Streets, San Fernando	232-2145
Dr. Vishal Bahall	Allied Family Care Limited, Corner Park & Cipro Streets, San Fernando	232-2145
Dr. Viren Solomon - Orthopaedics	Allied Family Care Limited, Corner Park & Cipro Streets, San Fernando	232-2145
Dr. Terry Ramnath – Orthopaedic Surgeon	Southern Orthopaedic & Family Practice	222-5313
Dr. Ariane Rostant - Physiotherapist	Theralife Limited, 4 Serpentine Road, St. Clair	223-0230
Dr. Shannon Woo – Physiotherapist	Theralife Limited, 4 Serpentine Road, St. Clair	223-0230
Dr. Safiya De Four – Physiotherapist	Theralife Limited, 4 Serpentine Road, St. Clair	223-0230

Labs, Diagnostic & Medical Centers

Acropolis Medical Center	99B Circular Road San Fernando	657-3356
AM Integrated Limited	92 Eastern Main Road, Arouca	223-8569/464-9494
Borderlife Medical Laboratory	71 EMR, Barataria	229-8643
Cardiovascular Associates Limited	Western Main Road St. James	6254282
Cardiovascular Associates Limited	Oxford Street POS	625-4282
Cardiovascular Associates Limited	Diego Martin Main Road	625-4282
Centramed/ Healthnet	Caroni Savannah Road, Charlieville Chaguanas	285-4650/1
Central Medical Clinic Limited	Lot #3 Caroni Savannah Road, Chaguanas	469-1262
Couva Medical Centre Ltd	#214 Southern Main Road, Couva	227-2496
Couva Medical Centre Ltd	Gasparillo Junction, Gasparillo	227-2496
Couva Medical Centre Ltd	#203-205 Southern Main Road, Marabella	227-2496
Elle Eye Care & Medical Services	#9 Watts Street, St. Augustine	320-3553
Essential Medical Clinic Limited	9-11 Frederick Street, Marabella	758-4986
Fracture & Orthopaedic	Fracture & Orthopaedic Center, 29A St. Clair Avenue, St. Clair	612-3642/ 622-2122

Life
Health
Critical Illness
Annuity
General
Mortgages





Greenmed Limited	10 Richardson Street, Point Fortin	610-6690
Greenmed Limited	72A Leotaud Street, San Fernando	223-7627
Golden Care Medical Center	Tumpuna Road, Shoppes of Arima	610-4653
Gulf View Medical (Lab & Radiology)	64 Mc Connie Street, La Romaine	285-4862
Hayat Medical	76 Eastern Main Road San Juan	674-2928
Health Net/ Lab Medica	Saddle Road Maraval	285-4640/290-1257
Health Net/ Lab Medica	144 Munroe Road Cunupia	285-5642/4643
Health Net/ Lab Medica	Lot 82 Corner Balmain & Lalla Road, Couva	285-4641/285-5642
Health Net/ Lab Medica	147 Eastern Main Road Barataria	285-4642/4635
Health Net/ Lab Medica	22 Eastern Main Road Tacarigua	221-6715
South Coast Medical/ Lab Medica	Princes Margaret Street, San Fernando	285-5642
Medical Diagnostic Technologies & Supplies Limited	70 Dundonald Street, Port of Spain	625-9729/ 625-6030
Newtown Medical Center	55 Woodford Street, Newtown	628-8293
T&T MRI Center	Fitzblackman Drive, POS	623-4674
Tri Care Medical	Heartland Plaza Chaguanas	229-2273
EMRI (MRIs)	6-8 Broome St, St. Clair	628-9261
Lab One Ltd	37 Eleanore Street, Chagunas	665-7168
Medical Health Care Labs	#13 Carlos Street Woodbrook	221-5150
Medi Plus Clinic & Imaging	LP #103 Main Road, Balmain Village, Couva	235-4264
Nova Medical Center	22 Mausica Road, D'Abadie	222-0794/ 221-8436
Omega Medical Labs	239 Eastern Main Road	662-5427/ 365-4302
Path Care Medical	135, John Street, Chaguanas	665-7284
Premium Medical Care	1071 SS Erin Road Penal	647-1646
Premiere Specialty Clinic	Southern Main Road California	348-4698
Premier Medical Lab	Lot #3 Caroni Savannah Road, Chaguanas	461-1765
Princes Town Medical	Naparima Mayaro Road Princes Town	218-7865
Purivo Dialysis Centre	Darling Street Chaguanas	222-3239
Rampersad Medical	50 Mission Road, Freeport	673-2222
Renand Ltd	24 Lucknow Street, St. James	628-7500
SRH Medical Diagnostics Ltd	LP 74 Main Road, Montrose, Chaguanas	334-9916
St. Augustine Surgical Center Ltd	141 EMR, St. Augustine	218-7460
ST. Augustine Radiology Services Ltd (St. Augustine Private)	2-4 Austin Street St. Augustine	663-7274
St. Augustine Private (Laboratory)	2-4 Austin Street St. St. Augustine	663-7274
Southern Medical	26-34 Dr. Rupert Indar Snr Street, San Fernando	652-4535
Total Health Medical Centre Ltd	#4 Edgar Street, Couva	239-8913

Life
Health
Critical Illness
Annuity
General
Mortgages





Tobago's Medical Hub	Unit 3A Shirvan Plaza, Shirvan Road, Tobago	265-1575
Ultrasound Today	Shop 6 Socorro Shopping Village, El Socorro, San Juan	327-5465
Vimala Medical	19 Lemon Drive St. Joseph	288-1630
Victoria Laboratories	167 Western Main Road, St. James	628-3214
Victoria Laboratories	Guppy Street San Fernando	652-4583
Victoria Laboratories	#8 Austin Street, St. Augustine	223-6723
Victoria Laboratories	#55 EMR, Curepe	663-4096
Victoria Laboratories	#64 Pembroke Street, Port of Spain	625-8493
Victoria Laboratories	#213 Southern Main Road, Couva	652-4583
Victoria Laboratories	#43 Adventure Road, Point Fortin	648-1862
Victoria Laboratories	#14 Endeavour Road, Chaguanas	665-1928
TF Medical Services	#71 Guaracara Tabaquite Road, Eckels Village, Williamsville	771-6995

Pharmacies

10 th Ave Drugs	#185 Eastern Main Road, Barataria	674-8778
10 TH AVE PHARMACY	#234 Eastern Main Road, Tunapuna	663-4365
The Avenue Pharmacy	95 Ariapita Avenue, Woodbrook	222-1343
The Medicine Stop	978 Rodney Road Endeavor Chaguanas	671-7674
Ralph's Pharmacy	13 Penal Rock Road	647-7075
Ali's Pharmacy	Valpark	662-6960
Ali's Pharmacy	Tragarete Rd, POS	628-9646
Ali's Pharmacy	Westmall	637-6960
Ali's Pharmacy	Grand Bazaar	645-6960
Ali's Pharmacy	Shops 21-22, Ellerslie Plaza Maraval	217-6960
Bhagan's Drugs	Price Plaza	672-9514
Bhagan's Drugs	Plaza San Fernando, La Romain	697-7570
Bhagan's Drugs	Tragarete Rd, Woodbrook	622-1486
Bhagan's Drugs	South Park Mall, Tarouba Link Rd San Fernando	653-1715
Bhagan's Drugs	Caroni Savannah Road Chaguanas	671-0331
Bhagan's Drugs	C3 Centre, Shopping Mall	229-4272
Bhagan's Drugs	Extra Plaza, Garden Road, Aranguez	785-5684



Bourne's Road Pharmacy	Church Street & Bournes Road, St. James	622-3721
BSV Family Care Pharmacy Ltd.	LP #6 Main Road, Penal	229-1483
Centre Plus Pharmacy	166 SS Erin Road, Debe	222-5801
Claxton Bay Community Pharmacy	332 Cedar Hill Road, Sum Sum Hill, Claxton Bay	240-1704
CVA Pharmacy	Western Main Road St. James	625-4282
CVA Pharmacy	Diego Martin Main Road	625-4282
CVA Pharmacy	Oxford Street Port of Spain	625-4282
Couva Pharm	210 Southern Main Road Couva	679-7643
Couva Pharm	LP 667 Southern Main Road Couva	636-9858
D' Medicine Cabinet	#454 SMR, La Romain	227-2580
Eleos Pharma Ltd	Calcutta Settlement Road No1 Freeport	487-4276
Glendale's Drugs	Trincity Mall	640-1247
Heroes Pharmacy	1320 Tabaquite Road Rio Claro	325-5170
K-Med Clinic Limited	20A Dumfries Road, La Romain	685-8202/ 321-8202
La Romain Drug Mart	350 Southern Main Road, La Romain	657-2114
Lee's Pharmacy	61 Eastern Main Road Curepe	662-4566
Lisa's Pharmacy	2 Allies Street Siparia	222-3101
Lisa's Pharmacy	155 Guapo Road Fyzabad	220-1380
Lisa's Pharmacy	109 Guapo Road Fyzabad	677-3903
Lisa's Pharmacy	54 Bamboo Bay Road La Romain	697-3096
Lisa's Pharmacy	Lot# 102 Road Reserve Sunkist Development Phillipine San Fernando	223-2849
Massy Stores Pharmacy	Marabella Roundabout, Marabella	658-2273
Massy Stores Pharmacy	Western Main Road, Westmoorings	633-2273
Massy Stores Pharmacy	104 Cascade Road, St. Ann's	621-2273
Massy Stores Pharmacy	Eastern Main Road, St. Augustine	662-2273
Massy Stores Pharmacy	Corner South Trunk Road & Bamboo Bay Road, La Romain	653-8495
Massy Stores Pharmacy	1-2 Trincity Industrial Estate, Corner Tissue Drive & Churchill Roosevelt H/Way, Trincity	609-2021
Massy Stores Pharmacy	Mandalay Gardens, Buena Vista Estate, Arima	609-2250
Massy Stores Pharmacy	111 Saddle Road, Moka	609-2301
Massy Stores Pharmacy	Morne Coco Road, Petit Valley	609-2051
Med Farm Drugs	Extra Plaza O'Meara Road Arima	239-9781
Med Farm Drugs	Extra Foods Chaguanas	239-8877
Med farm Drugs	177 Eastern Main Road, Guaico Sangre Grande	241-9307
My Medicine Bag	West Bees Shopping Plaza Diego Martin	632-2273
Medicare Drugs	Cor El Dorado Road, Eastern Main Road	663-6061

Life
Health
Critical Illness
Annuity
General
Mortgages



Wise Financial Thinking for Life



Medsons Pharmacy	#526 Caroni Savannah Road, Charlieville, Chaguanas	609-6337
More Than Meds Pharmacy	Shoppes of Arima Mall	398-4507
Nancy's Pharmacy	33 Rodney Road Endeavour Chaguanas	222-6210
New Life Pharmacy	Lot 50 Golden Grove Road, St. Helena	292-4320
Park View Drugs	Lot B SS Erin Road Phillipine	223-7508
Penny Med	87 Charlotte Street, Port of Spain	219-5578
Penny Med	19-21 Frederick Street, Port of Spain	222-2919
Penny Med	Corner Akal Trace & Saddle Road, Santa Cruz	220-2919
Pennywise Pharmacy	LP #51-52 La Bel Air Road, La Romain	697-2765
Pennywise Pharmacy	Narsaloo Ramaya Road, East Chaguanas	612-3689
Pennywise Pharmacy	Units F1-13 Block F, Trincity Mall, Trincity	640-1703
Pennywise Pharmacy	Units #2-18 Level 2, 51-53 Long Circular Rd, St. James	622-9996
Pennywise Pharmacy	#6 Main Road, Chaguanas	672-5712
Pennywise Pharmacy	Building 5 Circle Road South, Grand Bazaar	645-6452
Pennywise Pharmacy	56-60 Charlotte Street, POS	627-9473
Pennywise Pharmacy	Eastern Main Road, Tunapuna	612-4792
Pennywise Pharmacy	#10-10A Devenish Street, Arima	664-3469
Pharma One Pharmacy Limited	Lot #3 Caroni Savannah Road, Chaguanas	486-1767
Pharmstop Plus	122 Southern Main Road, Mc Bean Village	687-4276
Pharmacy World	Teddy's Shopping Centre, Gulf View La Romain	657-6770
Pharmville Drugs	38 Ben Lomond Village, Williamsville	735-1717
Rampersad Pharmacy	#50 Mission Road, Freeport	688-0808
Rio Claro Pharmacy	2489 High Street Rio Claro	644-2319
SAPH (Retail Pharmacy)	2-4 Austin Street, St Augustine	663-7274
Seven Hills Pharmacy	Unit2 Anva Plaza Tunapuna	235-4455; 388-4455
Sky Pharmacy	Corner Ciperio & Park Street, San Fernando	233-0566
Starlite Drugs	Saddle Road, Maraval	612-0020
Starlite Drugs	South Park Mall, San Fernando	724-6582
Starlite Drugs	East Gates Mall, Trincity	612-0020
Superpharm	Sierra Leon Road, Diego Martin	675-5666
Superpharm	Columbus Circle Westmoorings	675-5666
Superpharm	Bergerac Trace, Maraval	675-5666
Superpharm	Cnr Mosquito Avenue & CRH Highway Valsayn	675-5666
Superpharm	Trincity Central Road	675-5666
Superpharm	Price Plaza, Endeavour Chaguanas	675-5666
Superpharm	South Trunk Road Gulf View, La Romain	675-5666

Life
Health
Critical Illness
Annuity
General
Mortgages





Superpharm	Union Park West Marabella	675-5666
Superpharm	Southern Main Road, Couva Main Road	675-5666
St. Joseph Pharmacy	43 EMR St. Joseph	663-3663
Tacarigua Pharmacy	157 EMR Tacarigua	640-3125
Tara's Pharmacy	#1 Hillview Drive, Thick Village Siparia	677-2622
Tara's Pharmacy	206 New Colonial Road Barrackpore	677-2622
Tara's Pharmacy	99 Guapo Road, Fyzabad	677-2622
Twin Pharmacy & Convenience Store	LP 469 Eastern Main Road, Tacarigua	756-5699/ 468-0235
The Pill Stop Pharmacy	1066 SS Erin Road, Debe	787-7895
Stethan Drugs	Heartland Plaza Chaguanas	220-8705
Umraw's Pharmacy	6 Clarke Road Junction, Penal	647-4464
Unique Pharmacy	93 Eastern Main Road, Arouca	692-5383
Valini's Drug Mart	#5B Sutton Street San Fernando	652-9516
Young's Pharma-Serv	Saddle Road, Maraval	622-6478
Kappa Drugs	Highland Plaza Glenco	225-5272
Kappa Drugs	Damien Street Woodbrook	225-5272
Kappa Drugs	Gulf City Mall, La Romain	225-5272

Dental Providers

868 Dental Studio	4 O' Connor Street Woodbrook	231-5059
5 Star Dental Clinic Ltd	#12 Gooding Village, Cipero Street, San Fernando	712-8048/ 384-5114
Acropolis Medical	99B Circular Road San Fernando	657-3356
Acorn Dental Clinic	240 Eastern Main Road, Tunapuna	369-9408
Advanced Gentle Dental Care	4 SS Erin Road San Fernando	657-4489/ 239-9660
Amal Dental Clinic	2 Saddle Road Maraval	729-7209
Amal Dental Clinic	134 Mission Road, Freeport	484-4888
Andary Associates	2 Saddle Road Maraval	628-6995
Advanced Dental Care Centre	18 Caroni Savannah Road Chaguanas	665-6455
Apex Dental	37 Corner Sellier & Fraser St. St. Augustine	645-9806
Aranguiez Dental Clinic	126 Aranguiez Main Road	638-3384
AV Node Dental Clinic Limited	LP # 900 Eastern Main Road, Sangre Grande	727-6453
Barrackpore Dental Clinic/ Dr. Anil Kamta	727 Papourie Road Barrackpore	333-2052
I Smile Dental/ Dr. Stefan	735 Papourie Road, Barrackpore	347-6453

Life
Health
Critical Illness
Annuity
General
Mortgages



Wise Financial Thinking for Life

Sankar

I Smile Dental Care	#54 Bamboo Bay Rd, Gulf View, La Romaine	390-7167
I Smile Dental Care	#1190 S.S Erin Rd, Abdool Village, Penal	369-3368
Bourne Dental Clinic	EMR & Bryce St. Augustine	662-9968
Bright Smiles Ltd.	Rocky Vale Road, Scarborough, Tobago	639-0795
Caribbean Smiles Dental Place	254 Southern Main Road Cunupia	639-0844
Caribbean Smiles Dental Place	47 Rodney Road Chaguanas	671-2344
Caribbean Smiles Dental Place	Highland Plaza Glenco	637-2403
Caring Hands Dental Clinic	59 Eastern Main Road, Arouca	222-2273
Carydent Services	Hosein's Plaza, Gulf View Link Road la Romain	222-9861
CB Dental Studio Ltd	192 SS Erin Rd Duncan Village San Fernando	263-1596
Confident Care Dental	23 Main Road Todd's Road Chaguanas	672-9193
Denius Ltd.	29 Carlos Street, Woodbrook	223-8778
Dental Suite & Implant Centre	Cor Junction Street EMR, Curepe	662-7973
Dental Care Today	86 Edinburg Village	672-4169
Dental Care & Implant Centre	145 Tragarete Road, Port of Spain	622-5806
Dental Excellence	#1 MP Southern Main Road Curepe	645-9064
Dental Solutions Family Practice	217 Southern Main Road, Mc Bean, Couva	228-4767
Diligent Dental	185 El Socorro Main Road San Juan	736-5545
Dochas Limited	56 EMR, D'Abadie	642-2927
Dental 360 Ltd	63 Rushworth Street San Fernando	222-3778
Dental Image Works	L.P. #142 Munroe Road, Cunupia	222-9152
Dolly Smiles Dental	27 Petra Street Woodbrook	627-4359
Dr. Alistair Martin	102 Abercromby Street	623-3129
Dr. Arianne Dhanukdharriesingh	10 Rushworth Street, San Fernando	653-2088/89
Dr. Devi Kanhai Dental Clinic Ltd	#31 John Shaw Avenue, Arima	272-1219
Dr. Glen Bally	Cor Caura Rd, EMR Tacarigua	645-0669
Dr. Graeme Bertrand	Glanmorgan 2 Gordon Street St. Augustine	645-7684
Dr. Franco's Family Dental Clinic	128 Caroni Savannah Road, Charlieville Chaguanas	665-5137
Dr. Nigel Camacho	St. Clair Medical, Elizabeth St. St. Clair	628-8606
Dr. Patrice Ward	Cascade Road, Cascade	372-1009/728-3010
Dr. Ingrid Seebaran	313 Eastern Main Road, El Dorado	626-6142
Dr. Rajesh Maharaj & Co. Ltd	Island Mall, 15 Southern main Road Chaguanas	665-7375/733-8211
Dr. Suren Maharaj & Associates	157 Eastern Main Road Tacarigua	640-4048



Dr. Shivaughn Marchan (The Dental Clinic)	17 Gallus Street Woodbrook	624-3368
Dentally Secure	Marli St., Newtown, POS	622-7875
Dr. P. Lalla/ Tropical Dental	Victoria Nursing Home, Vistabella	653-0436
Dental Designs	#9 Naparima Mayaro Road, Cocoyea Village	657-3368
Dental Plus Limited	49 Main Rd, Montrose, Chaguanas	665-1515
Dr. Roosevelt Rock	Southern Main Rd Couva	636-8696
Dr. Roosevelt Rock	16 Jackson Street, Curepe	645-9994
Dr. Roosevelt Rock	518 Avocat Village, Fyzabad	677-4188
Dr. Ron Rambarran	113 SS Erin Rd, Phillipine San Fernando	764-9639
Dulan Family Dental	21 Bertrand Street San Fernando	657-1773
Dulan Family Dental	#1 Phillipine Road, San Fernando	657-9831
Elite Dental	41 Ciperro Street, San Fernando	223-7220
El Dorado Dental Clinic	215 Eastern Main Rd, El Dorado	663-3743
Endeavour & Maraval	14 Endeavour Road Chaguanas	665-5085
Endeavour & Maraval	66 Maraval Road Newtown	622-5039
Endeavour & Maraval	11 Gordon Street San Fernando	657-6453
Endeavour & Maraval	43-45 Frederick Street POS	623-2326
Essential Dental Solutions	1054 SS Erin Road Debe	225-7176
Farah Dental	4 Rapsey Street St. Clair	319-0525
Exquisite Dental Clinic	#34 Eastern Main Road, St. Augustine	223-7523
Family Dentistry (Dr. Ingrid Seebaran)	313 Eastern Main Road El Dorado	662-1827
Freeport Dental & Implant Center/ Dr. Anil Kamta	EP 597 Southern Main Road, St. Mary's Carapichaima	393-5200
Forever Smiles Ltd	1 st Floor #94 Main Road Montrose, Chaguanas	672-0548
Gasparillo Dental	6 Harmony Hall Road, Gasparillo	364-6564
Gentle Dentistry & Implant Centre Ltd	7 Saddle Road Maraval	226-0042
Gentle Dentistry & Implant Centre Ltd	6 Dick Street, Hilda Lazarri Terr., San Fernando	226-0044
Gentle Dentistry & Implant Centre Ltd	35 Ramsaran Street, Chaguanas	226-0040
Gentle Touch Family Dentistry	Indoor Mall Shoppes of Arima, 51-59 Tumpuna Road	222-1363
Health Net/Lab Medica Dental	Saddle Road Maraval	285-4640/290-1257
Health Net/Lab Medica Dental	144 Munroe Rd, Cunupia	285-5642/4643
Health Net/Lab Medica Dental	Lot 82 Corner Balmain & Lalla Road, Couva	285-4641/285-5642
Health Net/Lab Medica Dental	147 Eastern Main Rd, Baratataria	285-4642/4635

Life
Health
Critical Illness
Annuity
General
Mortgages





Health Net/ lab Medica Dental	22 Eastern Main Rd, Tacarigua	221-6715
Horizon Dental Clinic Ltd	Nova Medical Building, 22 Mausica Road D'A badie	392-3368
Idental House Ltd	14 Clarke Road Penal	647-4785
Impressive Expressions Ltd	2-4 Henry Pierre Terrace St. Augustine	662-8844
Infinity Dental Care Ltd.	11 Eastern Main Road, Curepe	235-4568
JM Dental Specialists Ltd	1 st Floor Medical Suites, #8 Guppy Street, Vistabella	222-6022
Kiddie Care Dental	9 Springvale Road, Valsayn	225-8976
KLR Health	Unit 104 Brentwood Professional Centre Chaguanas	364-0808/399-2273
Merit Dental Centre	20 Devenish St, Arima	664-3534
Lifestyle Dentistry	#22 Murray Street, Woodbrook	633-9736
Lifetime Smiles	114 High Street Princes Town	220-2002/ 336-6506
Lifetime Smiles	#5 Penal Rock Road, Penal Junction, Penal	227-6453/ 777-6453
La Pique Plaza Dental Center	La Pique Plaza, 6 Coffee Street San Fernando	657-7111
Long Circular Mall Dental Center	Level 4 Long Circular Mall St James	622-1214
Med Dent Services Ltd	LP 53 Railway Road Cunupia	228-3911
Miles of Smiles	Unit 7 Extra Plaza, Aranguez	674-4144
Mint Dentistry Ltd	The City of Grande Bazaar	610-6468/ 372-6468
Miracle Dental Care Ltd	41 Tanner Street Point Fortin	648-4000
Naparima Dental Clinic	63 B Pointe- A-Pierre Road San Fernando	657-1369
Naparima Dental Clinic	46 Baptist Road Pt. Fortin	648-3294
Nu View Endodontics	63 Rushworth Street San Fernando	657-1322
Nu View Endodontics	5 Roberts Street Woodbrook	223-8889
Oral Priority Dental	West Bees Shopping Plaza Diego Martin	288-2627
Opal Essence Dental Enterprises	2-4 Henry Pierre Terrace, St. Augustine	645-1200
Opal Essence Dental Enterprises	#5 Rust Street, St. Clair	476-8267/ 645-1200
Oracare Dental	32 Wilson Road Scarborough, Tobago	660-6725
Pearly Whites Dental	18 Picton Street New Town	628-2329
Perma-Dent- Dental Clinic	45B Sorzano Street Arima	221-0598/769-2004
Phoenix Dental	820 Southern Main Road California	636-3368
Phoenix Dental	Southern Main Road Couva	735-3663
Phoenix Dental	C3 Centre, 38 Corinth Road, Cocoyea Village, San Fernando	499-3368
Pristine Dental Solutions	Atlantic Plaza, Pt. Lisas	361-7929
Progressive Dental	Western Main Rd, St. James	622-1715
Pro Smile Dental Clinic	51 Pro Queen Street Arima	664-3368
Pundit Family Dentistry	Matilda Junction Princess town	338-1936

Life
Health
Critical Illness
Annuity
General
Mortgages





Radiant Smiles	20A Dumfries Road, Bamboo Village, La Romain	687-1300/ 222-1300
Rapsey Street Clinic	# 6 Rapsey Street St. Clair	222-9812/ 729-7209
Rampersad Medical Center	50 Mission Road Freeport	673-0805
Relax Dental (Christopher Young)	Ana Street Woodbrook	225-6050
Renewal Dental Centre	St. James Street, San Fernando	298-7298/ 610-1111
Sangre Grande Dental Centre	28 ½ Mile Mark EMR, Sangre Grande	668-2083
San Juan Dental Clinic		675-8997
Sangre Grande Dental Centre		668-2083
San Juan Dental Clinic	112 Eastern Main Road, San Juan Barataria	675-8997
Serenity Dental		270-2273/ 497-3826
Renewal Dental Centre	163 Aranguez Main Road, Aranguez, San Juan	298-7298/ 610-1111
Self Medical Emergency & Dental Services (Dr. Katrina Campbell-Self)	24 Tumpuna Road, Arima	735-9197
Serpentine Dental		221-5191
Signature Smiles Dental Clinic	1A Stephen's Road Maraval	662-3516
Serpentine Dental		221-5191
Signature Smiles Dental Clinic	62 Eastern main Rd St. Augustine	662-3516
Smile Art Dental Clinic	16 SS Erin Road, Duncan Village, Phillipine, San Fernando	657-8784
Smile Bright Dental – Dr. Gabrielle Ramcharitar	LP #77 Bonne Aventure Road, Gasparillo	392-0046
Smile Experts Dental – Dr. Mark Ragobar	#8 Bonne Venture Road, Gasparillo	220-8000
Smile Experts Dental – Dr. Mark Ragobar	Naparima Mayaro Road, #31 High Street, Rio Claro	223-3368
Smile Studio Company	416 Southern main Road, La Romain	268-0220/237-9818
Smile Centre	Cayenne Dr; Orchard Gdns; Chaguanas	672-2624
Smile Works	Woodford St. Newtown	622-6893
Sunny Caribbean Family Dentistry	#1 Chootoo Road El Socorro San Juan, 1 st Floor	270-6718
Southern Dental Clinic	31 Lewis Street, San Fernando	652-0976
Tender Care Medical & Dental	1-2 Tissue Drive, Trincity	378-7686
The Dental & Implant Center	78-79 Helen Street Lange Park, Chaguanas	665-6679
The Dental & Implant Center	Gulf View Medical Centre	652-2117
The Dental Health Group	#6 Sanker Street, Esmeralda Road, Cunupia	766-6966
The Dental Guru	1190 SS Erin Road, Penal	316-2479
The Dental Institute	78 Morne Coco Road, Petit Valley	610-8345/ 345-6857
The Dental Lounge	LP #6 Caroni Savannah Road, Chaguanas	238-5064/ 388-8338
The Dental Oasis	49 Sutton St., San Fernando	6160-0671
The Dental Office	Rampersad Plaza, Penal	647-3525

Life
Health
Critical Illness
Annuity
General
Mortgages





The Family Dentist at St. Mary's Limited	LP #53 Mission Road, St. Mary's Junction, Freeport	673-4542/ 322-6858
The Princes Town Dental Clinic Ltd	37 Naparima Mayaro Rd, Princess Town	655-7356/ 299-0731
Tooth Buds Paediatric Dentistry Limited	157B Munroe Road, Cunupia	336-2837
Toothology Dentistry	87-89 Frederick Street, Port of Spain	236-2559
Total Dentistry Clinic Ltd	1121 SS Erin Road Debe	225-6991
Total Life Care	L.P. #2 Back Chain Street, El Socorro Main Road, San Juan	225-2633/ 350-5206
Total Life Care	Palm Plaza, Cor. Akal Trace & Saddle Road, Santa Cruz	359-2709
Total Dental Clinic Ltd	Diamond Vale Shopping Centre, Diego Martin	778-5385
Transcen Dental Clinic	Ankavilla Bldg, 8 Endeavour Road, Chaguanas	665-1979/ 496-6543
Transcen Dental Clinic	Southern medical Clinic	653-9808
TV Smiles/ Dr. Timothy Arjoon	59 Eastern Main Road, Tacarigua	273-7623
Valsayn Dental Clinic Ltd.	207 Southern Main Road, Spring Village, Valsayn	662-8386
Vibrant Smiles Dental Care Limited	#60 Main Road Montrose, Chaguanas	242-4820/265-0991
Vistabella Dental Clinic	130 Pointe-A- Pierre Road Vistabella	222-7669/785-9516
White & Bright Dental	#7 Adventure Road, Point Fortin	648-5887

Life
Health
Critical Illness
Annuity
General
Mortgages



Wise Financial Thinking for Life



Card Tips for the Insured

- To access the online system, you **MUST** be in possession of your CariCARE card.
- Photo ID **MUST** be presented to the service provider when using your CariCARE card.
- Medical benefits **MUST** only be accessed by the cardholder. Dependents will also have a card in their name.
- A parent or guardian **MUST** sign the Explanation of Benefits (EOB) on behalf of dependent children.
- Ensure that you receive an EOB from the service provider upon use of the card, this EOB must list the services rendered on the day and the actual fee for these services.
- Upon receipt of the EOB, review carefully before signing.
- Sagicor will mail you a copy of the EOB for your records.
- Upon receipt of the EOB from Sagicor, review carefully and notify us of any discrepancies.
- Replacement cards can be obtained for a fee of \$25.00.
- Please note the card is not available for swipe when travelling. The swipe facility is only available in the country in which it was issued.



SECURITY

- Your medical card features a magnetic strip at the back. Please keep safe from magnets and cell phones as they may adversely affect the functionality of your card.
- Always Keep your card in a safe place.
- Do not allow anyone to make a copy of your medical card.
- Do not leave your medical card at any provider office.
- Never allow a friend or family member to use your card.
- Should you lose or have your medical card stolen, contact Sagicor immediately.